Installation instructions
For set # 3.4156
SEE CURRENT CATALOG FOR APPLICATIONS

ENERGY SUSPENSION®
1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

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It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

When disassembling, note the quantity and positions of any shims that may have been inserted for body alignment.(Fig.1) These shims will have to be reused to insure proper body alignment. Remove bolts from both sides at pos.# 1 and pos.# 5 before lifting body. Pos.#1 & 5 are not inline with the other mounts and will bind, twist or damage the body if left in. Remove front grill to remove bolts at core support. (Fig.2) Only raise body one side at a time with bolts on other side loosened only. and only high enough to remove & replace mounts. Always watch the fan shroud for sufficient clearance when raising the body. When jacking the body use a long enough 2X4 or 4X4 for maximum support. Never put jack directly on body panels. Must reuse O.E. Upper metal cups and bolts for all positions. Use WD-40 to help remove rubber mounts from metal cups. GM uses little funnel shaped plastic retainers to hold the bolts and mounts on the frame during assembly. (Fig.3) Remove them, they can get sideways and keep the bolt from starting during reassembly.

Retorque to factory specs.

Fig. 1

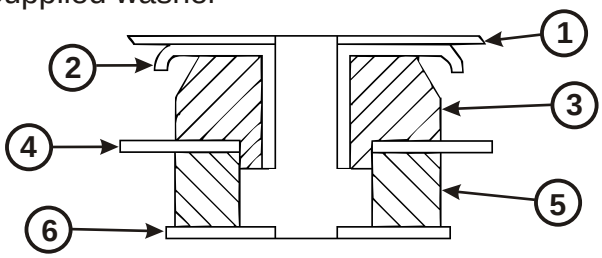
Fig. 2

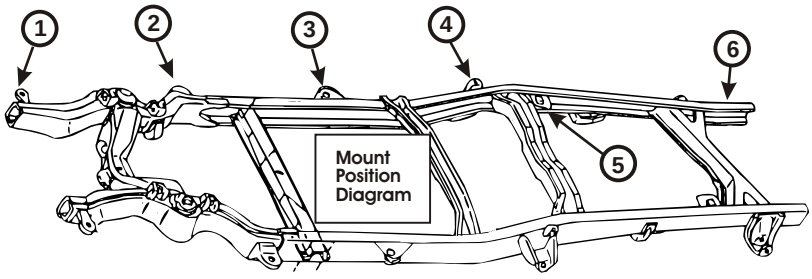
Fig. 3

Position # 1-6

1. Body
2. Factory washer with Sleeve
3. 4200 upper mount
4. Frame bracket
5. 4201 lower mount
6. Supplied washer

Parts Diagram





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